

# Prolotherapy Success Story

Name: \_\_\_\_\_

Date: 10-4-05

Briefly describe your condition and the prior to Prolotherapy:

*I broke + sprained my ankle repeatedly.*  
My ankle would dislocate all the time I couldn't ~~run~~ <sup>walk</sup> or perform any activity without either dislocating my ankle or having to be mindful of it.

Please share any successes you've had with your condition as a result of your Prolotherapy:

Now I can do all the things I could before it broke it - ever jump rope one footed, without pain! Thank you Dr. Alderman for giving me my ankle back. I will recommend you to all my clients who are in need of such assistance.

Signature \_\_\_\_\_

Okay to publish: yes