

## PROLOTHERAPY SUCCESS STORY

Name: \_\_\_\_\_

Date: 9/30/11

Briefly describe your condition and life prior to prolotherapy:

As a result of a back injury seventeen years ago, I had pain on and off for 2-3 weeks at a time every couple years. 10 years ago I re-injured my back and had a C-Section. From that point on, I basically was miserable everyday and stopped all physical activity. I couldn't even walk 10 minutes without hurting.

Please share any successes you've had with your condition as a result of your prolotherapy:

My life has been given back to me!

I was quickly going into a depression just prior to coming to Dr. Alderman. I had considered quitting my job as a Speech Pathologist for good. Even though it's not a physically demanding job, I simply couldn't move. I take walks and bike rides with my children now. I don't worry about walking around an amusement park anymore. One of the best parts is not feeling afraid of chairs anymore. ~~I used to~~ I use to look at chairs fearfully because I never knew if I could get out of it without pain.

Signature \_\_\_\_\_

Okay to publish